

Supplies

1. Tracoe Shower Guard



Take the shower guard and place around neck.



Press button into opening on band to fasten.



Place cap over stoma and tracheostomy tube.

Ensure air openings at the base of the cap are below your stoma.



Clean the shower guard with soap and water after use.

Dry the shower guard using a lint-free towel.

Attention

Do NOT allow the water stream to aim directly at the neck or stoma as the shower guard cannot achieve a perfect seal. Instead, place your back to the water stream or if possible, use a handheld shower head to direct water stream below your neck to prevent water from entering stoma.

Attention

The shower guard is NOT intended for full body bathing or swimming.



Watch video
instructions here

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